

An evening of supporting students experiencing grief and loss through discussion and arts-based activities.

Supporting grieving children can be very challenging, especially as we try to navigate the loss ourselves. We would like to offer some support. Any students who would like to hold space for their grief and loss are invited to join Kelsey Beier, Cindy Jeffery, and Heather Beaton (RPsych) for an evening of connection and exploration as a community.

Wednesday, November 29th

Drop off: 6pm Pick up: 8pm

Lois E. Hole Elementary School

Please email <u>cindy.jeffery@spschools.org</u>
To RSVP or for more information