



CORINNE ECKERT  
CHILD & ADOLESCENT PSYCHOLOGY

TRAINING IN CORE SOCIAL SKILLS

# School Year Group Program

REGISTRATION IS NOW OPEN!

## Level 2: Successful Communication

January - March 2025

Helping children build effective social communication for positive interactions with others. Focus areas include:

- Conversations (initiating, listening, interjecting, staying on topic, and conversational manners)
- Offering and asking for help; asking questions to connect
- Joining in conversations and including others
- Expressing emotions and needs in an effective way
- Understanding figurative language (sarcasm, irony, etc.)
- Teens: Online communication strategies

## Level 3: Positive Peer Interaction

April - June 2025

Helping children manage emotions and build stronger, positive relationships. Focus areas include:

- Managing strong emotions (anger, anxiety, frustration, embarrassment)
- Recognizing and expressing feelings
- Stress awareness and prevention
- Positive thinking and perspective-taking
- Assertive communication
- Social problem-solving and conflict resolution
- Handling teasing, peer pressure, and self-control

Scan this QR code to schedule an intake interview!

